

Six ways to keep the family entertained during lockdown

August 2020

We know this second lockdown is difficult. Staying locked indoors for a long time can be challenging, and for those of you who are homeschooling, we salute you.

Here's a list of activities to keep the family busy and the cabin fever at bay.

Dawn Tan

Yarraville artist Dawn Tan has a range of *Virtual Art Classes* for children, teenagers and adults. Dawn also has a series of *Downloadable Art At Home Lessons*, which include everything from fun fact posters, to artist exploration kits as well as animal charts to colour in.

<http://www.dawn-tan.com/books-and-art-kits>

Sam Wood

Fitness guru and father of three Sam Wood is offering three live workouts every week via his *28 by Sam Wood* Facebook page to keep families active during lockdown. Sam's classes are suitable for all ages and are a lot of fun.

<https://www.facebook.com/samwood28/>

Maggie Beer

Food extraordinaire Maggie Beer is sharing cooking classes via her Facebook page. The chef's new virtual show, *Cooking with Maggie*, features quick and simple recipes for all cooking levels, with new ideas shared weekly.

<https://www.facebook.com/OfficialMaggieBeer>

Cork & Chroma

Why should kids have all the fun? A great one for mum and dad is the live-streamed paint and sip classes with *Cork & Chroma*. Sessions include step-by-step painting instructions from the artists. If you don't have your own art supplies, kits can be purchased via the website.

<https://www.corkandchroma.com.au/>

Aussie Kids Couch Concert

Australia's preschool entertainers have come together for the very first *Aussie Kids Couch Concert*. Hosted by actor Emily McKnight, this music and dance-filled adventure takes children into the worlds, and living rooms, of some of their favourite performers.

<https://vimeo.com/ondemand/kidscouchconcert>

Wyndham Together

Wyndham City Council has a new website, *Wyndham Together*, with free activities for kids, a range of live webinars and creative courses. There's also a library of themed content that is available on-demand.

<https://www.wyndhamtogether.com.au/>